

Knowing how
makes it easier.

Studies show that many patients have trouble getting their eyedrops into their eyes. Many believe they're using their drops correctly when they're not.¹

Common problems include missing your eye, putting in more than the prescribed number of drops, or letting the bottle touch your eye, which can cause contamination.

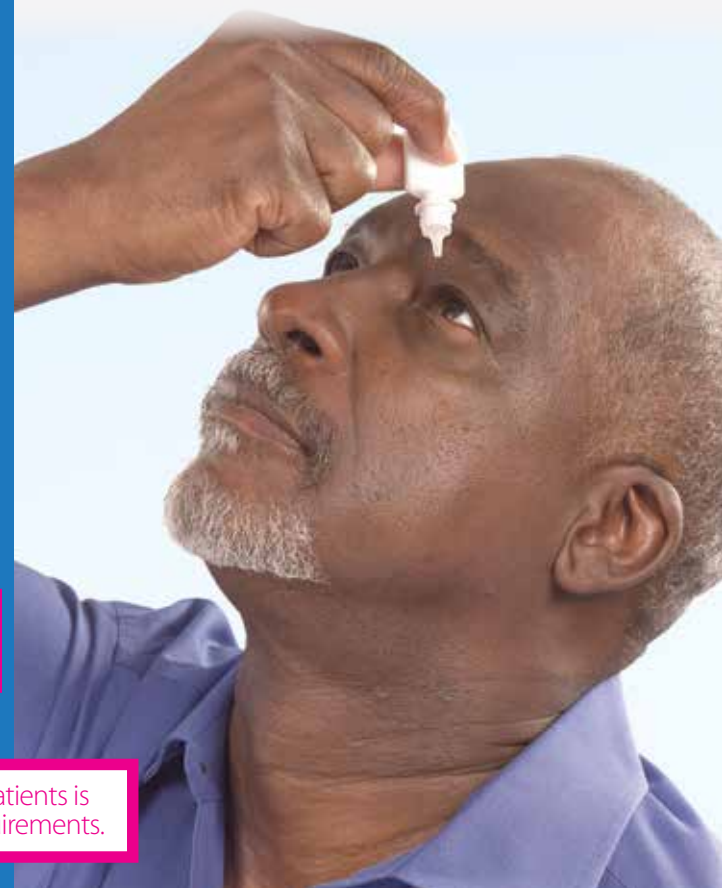
Follow 5 simple steps to avoid these problems and get the full benefit of your medication.



¹ All About Vision, *Most Glaucoma Patients Are Not Using Their Eye Drops Correctly*, http://www.allaboutvision.com/conditions/glaucoma_news.htm. Accessed June 14, 2013.

How to instill your eyedrops

Improve your technique
in 5 simple steps



WATCHOUT: General instructions for oval bottles. Confirm appropriate dosing instruction in region.

WATCHOUT: Confirm manufacturing promo to patients is permitted and template piece applies to local requirements.

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Step One



Remove cap. Hold the bottle upside down between thumb and index finger.

Step Two



Gently tilt head back. Position bottle above eye. (Do not touch eye with dropper tip.)

Step Three



Place finger under eye and gently pull down to create a pocket between the eye and the lower eyelid.

Step Four



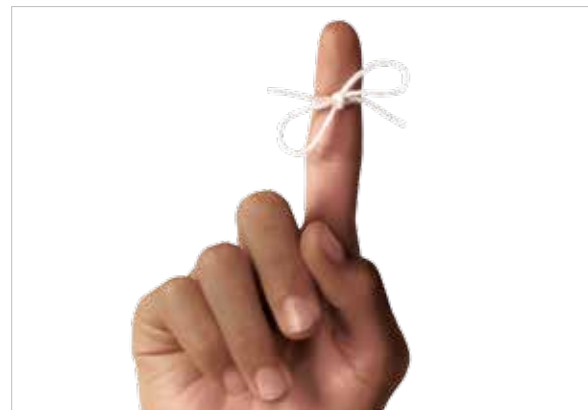
Gently squeeze the sides of the bottle to dispense one drop. Be sure that the bottle doesn't touch the eye or it may become contaminated.

Step Five



Keep your head tilted backward and close your eyes for two to three minutes while gently pressing your index finger on the inside corner of your eye.

One More Step



Remember to take your drops. That's the most important step of all!

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